



Activities, Signposting and Resources

Click on the images for more information

FREE TO ACCESS (see providers for eligibility)



SUMMER MULTI-SPORTS PROGRAMME

FREE TO CHILDREN AGED 5-13 ELIGIBLE FOR BENEFITS RELATED FREE SCHOOL MEALS

HITCHIN CAMP 9:00 - 16:00 5-13 Year Old	WARE CAMP 9:00 - 16:00 7-11 Year Old
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W1: Tues 26th - Fri 29th July
W2: Tues 2nd - Fri 5th August
W3: Tues 9th - Fri 12th August
W4: Mon 15th - Fri 19th August

W1: Mon 25th - Thu 28th July
W2: Mon 1st - Thu 4th August
W3: Mon 8th - Thu 11th August
W4: Mon 15th - Thu 18th August

BOOK NOW LIMITED SPACES ONLY!

Get your unique HAPpy Booking Code from your child's school to access any of the camps. Scan the QR code to search and book a camp.

More information: 01462 274449 OR OFFICE@PLAYSPORTS.CO.UK

HITCHIN SUMMER TENNIS PROGRAMME

FREE TO CHILDREN AGED 5-14 ELIGIBLE FOR BENEFITS RELATED FREE SCHOOL MEALS

TENNIS CAMP
9:00 - 12:00
5-14 Year Old

W1: Tues 26th - Fri 29th July
W2: Tues 2nd - Fri 5th August
W3: Tues 9th - Fri 12th August
W4: Mon 15th - Fri 19th August

BOOK NOW LIMITED SPACES ONLY!

Get your unique HAPpy Booking Code from your child's school to access any of the camps. Scan the QR code to search and book a camp.

More information: 01462 274449 OR OFFICE@PLAYSPORTS.CO.UK

Free holiday activities Summer 2022

For young people aged 13-16 in North Herts

The Priory School
Bedford Rd, Hitchin, SG5 2UR
Join us weekdays (2pm-6pm) from 25 July - 12 August 2022

- Fun and informal activities to help with a healthy lifestyle
- Free healthy food every day
- Physical activities such as sports, dance, arts and games
- Meet and socialise with other young people

Priority booking for young people eligible for benefits-related free school meals

Contact the Services for Young People North Herts Team to book a place

www.servicesforyoungpeople.org
Tel: 01438 843340 Fax: 07860 065178
Email: SYP@northherts@hertfordshire.gov.uk
Follow us on Twitter @NorthHertsTeam

Free holiday activities Positive Pathways Summer 2022

For young people aged 11-17 in North Herts

Monday 25th July - Friday 29th July 11am-2pm Ages 12-15
Coombs Community Centre, Burns Road, Royston, Herts, SG8 5PT
Monday 1st August - Friday 5th August 4-7pm Ages 12-15
Knights Templar School, Park Street, Baldock, Herts SG7 6DZ
Monday 15th August - Friday 19th August 4-7pm Ages 14-17
Mrs Howard Memorial Hall, Norton Way South, Leitchworth Garden City, Hertfordshire, SG8 1NX

- Fun and Interactive Workshops
- Access to new Opportunities
- Music / Sport / Activities
- Support from qualified and experienced Youth Workers
- Developing confidence, self-esteem and resilience

Contact the Services for Young People Stevenage Team to book a place

www.servicesforyoungpeople.org
Tel: 01438 843340 Fax: 07860 065178
Email: SYP@northherts@hertfordshire.gov.uk
Follow us on Twitter @NorthHertsTeam

Fit, Fed & Read Camps are BACK!

From 4th - 14th April, children aged 8-11 years old who are eligible for benefits related free school meals can enjoy free lunch, free sports and free enrichment activities on Fit, Fed & Read camps across Hertfordshire.

Get your unique HAPpy Booking Code from your child's school now, to access all this and more!

Bookings now OPEN!

sportinherts.org.uk/booking

Botanical INVASION

AN INFLATABLE INSTALLATION HAS TAKEN OVER THE GALLERY

Marvel at the exotic plants
Crawl through the cactus tunnel

9 July - 2 October 2022

ADMISSION FREE

Open Tuesday to Sunday 10.30am - 4.30pm, Sunday 11am - 3pm

North Herts Museum, Broad Street, Welwyn, Hertfordshire SG13 1B
Email: northhertsmuseum@hertfordshire.gov.uk 01462 476154

<https://summerreadingchallenge.org.uk/contact-us>

Summer Reading Challenge 2022



Presented by The Reading Agency.
Delivered in partnership with libraries.

to tell staff all about them. They can read anything they want, including story books, information books, picture books and even eBooks and eAudiobooks (available to download for free from Borrow Box) Children can read the books independently or together with family and friends.

Once again Hertfordshire Libraries are challenging children of all ages to read any six library books over the summer holidays and return to the library

Hitchin Partnership CIO, Family Support Service to Hitchin Schools hitchinpartnership.org.uk Registered Charity: 1158637

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Activities, Signposting and Resources

Click on the images for more information

ACTIVITIES

SUMMER SOCCER CAMP

OUR LADY SCHOOL
OLD HALE WAY
HITCHIN SG5 1XT

9.30 - 3.15PM
EARLY DROP OFF/LATE PICK UP
AVAILABLE

5 - 13 YEAR OLDS

£15 PER DAY IF BOOKED BY 11/07/22
£19 THEREAFTER

**25TH JULY-1ST SEPTEMBER
MONDAY - THURSDAY**

WWW.DWSOCCERSCHOOL.CO.UK
ENQUIRIES@DWSOCCERSCHOOL.CO.UK

5 WEEKS OF SUMMER FOOTBALL FUN!

WK1: 26TH-28TH JULY
WK2: 2ND-4TH AUG
WK3: 9TH-11TH AUG
WK4: 16TH-18TH AUG
WK5: 23RD-25TH AUG

9.30AM-3.30PM

5-14 YEAR OLD BOYS & GIRLS

£55 per week

BOOK ONLINE! ONE WEEKER CAMPIES

Hitчин Town Community FC, The Arena, North Herts, Baldock, SG7 5AU
01462 720098 hitчинtown.co.uk
www.northhertstarena.co.uk

Gymnastics and Trampoline Courses Summer 2022

26 July - Samuel Lucas JMI, Hitчин
27 July - Round Diamond Primary, Stevenage
28 July - Roecraft Lower, Stalfold
01 Aug - Panshanger Primary, WGC
04 Aug - St Margaret Ciltherow RC Primary, Stevenage
08 Aug - Pixmore Juniors, Letchworth
09 Aug - Roecraft Lower, Stalfold
11 Aug - Samuel Lucas JMI, Hitчин
15 Aug - Panshanger Primary, WGC
18 Aug - St Margaret Ciltherow RC Primary, Stevenage
22 Aug - Pixmore Juniors, Letchworth
23 Aug - Samuel Lucas JMI, Hitчин
24 Aug - Roecraft Lower, Stalfold

For children aged 4 - 11
(open to children from all schools)

- Qualified coaches
- DBS checked/First Aid trained

Prices per child per day:
10.00 - 2.00: £17.50
10.00 - 3.00: £20.00
(Please note 4 year olds can only stay until 2.00)

Please provide a packed lunch

To book a space please visit our website
www.risingstars-online.co.uk
and follow the links

Summer Holiday Courses at Trots Hill School and Mary Exton School
25 July - 26 August 2022
Panshanger Primary
25 July - 19 August

Activities including
Indoor and outdoor games! Crafts!
Inflatables! A variety of Sports!
Chill and Care!

8.00 - 5.00 - £22.50
includes breakfast and light tea
8.00 - 1.00 - £17.50
10.00 - 3.00 - £17.50
12.00 - 5.00 - £17.50

PLEASE PROVIDE A PACKED LUNCH!

To make a booking please go to:
risingstars.magicbooking.co.uk

SUMMER NETBALL PROGRAMME

Led by an EN qualified netball coach, this will be a great day out for netball loving girls of all abilities in school years 5 to 9 (Ages 9 - 14)

10% SIBLING DISCOUNT

CHILD-CARE AND TAX-FREE VOUCHERS

HITCHIN CAMP
9-14 Year Old
Wed 3rd August
Wed 17th August

RICKMANSWORTH CAMP
9-14 Year Old
Tue 2nd August
Tue 16th August

12:30 - 16:30
10:00 - 15:00

BOOK NOW BEFORE SPACES FILL UP!

HITCHIN SUMMER TENNIS PROGRAMME

10% SIBLING DISCOUNT

CHILD-CARE AND TAX-FREE VOUCHERS

TENNIS CAMP
9-14 Year Old
W1: Mon 25th - Fri 29th July
W2: Mon 1st - Fri 5th August
W3: Mon 8th - Fri 12th August
W4: Mon 15th - Fri 19th August
W5: Mon 22nd - Fri 26th August

INTENSIVE CLINIC
5-9 Year Old
Thu 28th July
Thu 11th August
10-15 Year Old
Thu 4th August
Thu 18th August

9:00 - 12:00
10:00 - 16:00

BOOK NOW BEFORE SPACES FILL UP!

SUMMER MULTI-SPORTS PROGRAMME

10% SIBLING DISCOUNT

CHILD-CARE AND TAX-FREE VOUCHERS

HITCHIN CAMP
5-13 Year Old
W1: Mon 25th - Fri 29th July
W2: Mon 1st - Fri 5th August
W3: Mon 8th - Fri 12th August
W4: Mon 15th - Fri 19th August
W5: Mon 22nd - Fri 26th August

WARE CAMP
7-11 Year Old
W1: Mon 25th - Thu 28th July
W2: Mon 1st - Thu 4th August
W3: Mon 8th - Thu 11th August
W4: Mon 15th - Thu 18th August

9:00 - 16:00
9:00 - 16:00

BOOK NOW BEFORE SPACES FILL UP!

GM SUMMER HOCKEY COURSES 2022

AT BLUEHARTS HC

Contact: major.marsh@hotmail.com

Wed 27th-Fri 29th July & Wed 24th-Fri 26th August
11am-3pm
eharts HC

Ages 7-14
£40 per day / £100 per course
10% discount for siblings

Hitчин Partnership CIO, Family Support Service to Hitчин Schools hitчинpartnership.org.uk Registered Charity: 1158637

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ACTIVITIES

YOUTH NETBALL CAMP

SUMMER NETBALL CAMP

Years: 8 - 13

Dates: 25th/26th July 2022

Times: 10:00 - 15:00

Location: Marriotts School, Brittain Way, Stevenage, SG2 8BL

Price **£30** Per Day

Includes: Fundamental skills, Positional roles, Netball play

To book or for further information please visit: <https://www.priorynetballclub.co.uk/nettystars>

Year 3 - Year 10 NettyStars Netball Academy

Come and develop your netball skills at the NettyStars Academy ... learn new skills, play games and have loads of netball fun!

Saturdays in August

6th, 13th, 20th & 27th

Location: THE PRIORY SCHOOL, BEDFORD ROAD, HITCHIN SG5 2UR

Time: 09:00-10:30 am for Year 3 - Year 5 & 10.45-12.15 for Year 6 - Year 10

REGISTER NOW ONLINE

£25 PER PERSON

For more information visit our website or email us: contact@priorynetballclub.co.uk

Year 3 - Year 10 NettyStars Netball Academy

Come and develop your netball skills at the NettyStars Academy ... learn new skills, play games and have loads of netball fun!

Saturdays in July

9th, 16th, 23rd & 30th

Location: THE PRIORY SCHOOL, BEDFORD ROAD, HITCHIN SG5 2UR

Time: 09:00-10:30 am for Year 3 - Year 5 & 10.45-12.15 for Year 6 - Year 10

REGISTER NOW ONLINE

£25 PER PERSON

For more information visit our website or email us: contact@priorynetballclub.co.uk

JUNIOR NETBALL CAMP

SUMMER NETBALL CAMP

Years: 5 - 7

Dates: 8th/9th/10th August 2022

Times: 10:00 - 15:00

Location: The Priory School, Bedford Road, Hitchin, SG5 2UR

Price **£30** Per Day

Includes: Fundamental skills, Positional roles, Netball play

To book or for further information please visit: <https://www.priorynetballclub.co.uk/nettystars>

Camp 50+ MULTI-SPORTS SUMMER CAMP 2022

AT LETCHWORTH SPORTS & TENNIS CLUB

For ages 5-14 years old

JULY 25TH TO AUGUST 26TH

FULL DAY - £32
HALF DAY - £16

Morning 9am - 12pm
Afternoon 1pm - 4pm
Full Day 9am - 4pm
Early Drop Available

BOOK NOW!
Web: www.dhsports.co.uk
Tel: 0790190320
Email: camp@dhssports.co.uk

Letchworth Sports and Tennis Club
Tennis - Football - Dodgeball - Basketball - Hockey - Athletics - Fun Games And Much More!

SMALL STARS SUMMER HOLIDAY CAMP

ENCOURAGING AND INSPIRING THROUGH PE, SPORT & THE ARTS

July - 26th, 27th and 28th
August - 2nd, 3rd, 4th, 9th, 10th, 11th, 16th, 17th, 18th

@ St. Thomas More Primary School, Letchworth

9.00am - 3.15pm

£25 per day

CONTACT SMALL STARS ON THE DETAILS BELOW TO CHECK AVAILABILITY, ARRANGE BOOKING & PAYMENT. DO NOT LEAVE FORMS IN THE SCHOOL OFFICE UNLESS SPECIFICALLY ASKED TO DO SO AND ONLY STAYS NOW ACCEPTS ONLINE BOOKINGS

CONTACT SMALL STARS E: ADMIN@SMALLSTARSGROUP.COM
M: 07943549640 F: @SMALL STARS @SMALL STARSUK

Hitчин Boys' School Sports Centre Summer Sports Camp

Activity camp for children aged 6-12

An action packed week led by DBS checked, qualified sports coaches

Mixity - Friday, 9am - 4pm
Week commencing 1st August
Week commencing 15th August
Week commencing 22nd August

£40 per day or full week £120
10% sibling discount
CHELSEA VOUCHERS ACCEPTED

To find out more information or book your space contact: Booker@hitчинboys.co.uk

Hitчин Boys' School Sports Centre Better Sports Camp

Activity camp for children aged 6-13

Tuesday 16th, Wednesday 17th August
Tuesday 23rd, Wednesday 24th August

9.30 - 12.30

£25 per session
CHELSEA VOUCHERS ACCEPTED

Action packed days led by DBS checked, qualified professional sports coaches

To find out more information or book your space contact Booker at: camp@hitчинboys.co.uk

GTD Sessions

GTD Sessions are a great way to build confidence, self-esteem, resilience, teamwork, communication and leadership skills.

Sessions are led by experienced coaches who are trained to help you overcome your fears and build a team of children who are working together to achieve their goals.

Session Dates:
Monday 9th, Tuesday 9th
Monday 15th, Tuesday 15th
Monday 22nd, Tuesday 22nd
10:00 - 11:00, 11:00 - 12:00

£25 per session
CHELSEA VOUCHERS ACCEPTED

To find out more information or book your space contact: camp@hitчинboys.co.uk

HBS REVOLUTIONS

Hitчин Partnership CIO, Family Support Service to Hitчин Schools hitчинpartnership.org.uk Registered Charity: 1158637

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ACTIVITIES

Want to learn lots of fun dance routines to pop music?  Want to dance like Little Mix, Taylor Swift, Bruno Mars and Harry Styles?

SCHOOL HOLIDAY CAMP
2nd, 3rd, 9th, 10th, 16th & 17th August

10.00am - 3.00pm at Samuel Lucas School Hitchin SG5 2JQ

For boys and girls aged 5-10 years

£22 per day or £120 for all 6 days

Email clara@popdanceworld.com to book your place

Numbers will be limited so book now



For more info visit www.popdance.co.uk/hitchin

KIMPTON SUMMER CAMP Kids Company
20th July - 31st August 2022

Friday Club is running Mondays - Thursday from 8am - 6pm. On your special days we will be having fun with Arts & Crafts, Den Building, Outdoor Exploration and Meditation.

For AUGUST SPECIAL EVENT DAYS please see below. Registration and booking can be made online at www.kimptonsummercamp.co.uk

NON-EXISTENT DAYS	Extended Day	8am - 6pm	£34.00
	Short Day	8.45am - 3.15pm	£28.00
Tues 2nd Aug	Tilly's Yoga	9am - 12pm	£20.00
	Archery	9am - 12pm	£20.00
	Arts & Crafts	1pm - 4pm	£20.00
	Multipoints	1pm - 4pm	£20.00
Weeks 3rd Aug	Outdoor Craft	9am - 12pm	£20.00
	Apex Sny Camp	9am - 12pm	£20.00
	Cookery	1pm - 4pm	£20.00
	Apex Sny Camp	1pm - 4pm	£20.00
Tues 9th Aug	Dance	9am - 12pm	£20.00
	Multipoints	9am - 12pm	£20.00
	Multipoints	1pm - 4pm	£20.00
	Arts & Crafts	1pm - 4pm	£20.00

Please provide a non-free packed lunch. Children attending on event days for a morning and afternoon session, are welcome to enter from 8am, one for each and children to be kept. Single sessions please arrive and collect at 8am on arrival.

Kids Company For more information call 07794123883 or email info@kidscompany.co.uk

Holiday Crafts
All summer at the British Schools Museum

A Great Day Out
Week 1: Are we nearly there yet?

Tuesday 26th July - 10am & 1pm
Wednesday 27th July - 10am
Thursday 28th July - 10am

£6.50 per child age 5 and over (younger siblings welcome free with a paying child)
Children must be accompanied at all times

www.britishschoolsmuseum.org.uk
41-42 Queen Street Hitchin SG4 9TS
01462 420144

BRITISH SCHOOLS MUSEUM
Registered charity no. 1032043

THE MARKET THEATRE SUN STREET, HITCHIN

Kids Club HOLIDAY DRAMA WORKSHOPS

THREE DAY WORKSHOP
Whitsun half term - Tues 31st May - Thurs 2nd June
10am - 4pm each day | For children aged 5-14 | Cost - £100

Games, drama exercises and improvisations with a short showing of the childrens work on the Thursday at 3.30pm

EASTER & SUMMER SCHOOLS
Easter School - Mon 11th - Fri 15th April 2022
Summer Schools - 25th - 29th July & 22nd - 26th August 2022

Easters workshop will be a celebration of 'songs & scenes from the musicals' and the summer workshops will each focus on a different show.

All run from 10am - 4pm each day
For children aged 5-14 | Cost - £150 (£30 discount for additional siblings)

Visit the website for details: www.markettheatre.co.uk

THE KIDZ DRAMA

DRAMA CLASSES AND HOLIDAY PERFORMANCE COURSES!!!!

WEEKLY TERM-TIME CLASSES
Ickleford Village Hall
Sens - Mondays 4pm to 6pm (5yr+)
Older Infants - Wednesdays 3.40pm to 5.40pm (year 2)
Juniors - Wednesdays 5.40pm to 7.40pm (years 3-6)
Younger Infants - Thursdays 3.40pm to 4.40pm (Reception & Year 1)

SUMMER COURSES at Ickleford Village Hall
Reception to Year 6 - Monday 29th to Friday 28th July, 10am to 3.30pm
"The Greatest Show" (update FULLY BOOKED)

Year 7- Monday 15th to Friday 19th August, 1pm to 3.30pm
Recreate Shakespeare's Macbeth by bringing it up to date, fast paced and 10 minutes long!
Plus work on a Musical Theatre scene.

Reception to Year 6 - Monday 15th to Friday 19th August, 10am to 3.30pm
Star Wars (The Empire Strikes back)

All courses £100 per student

First Aid Session from Daisy First Aid
Year 2 to year 7, 3rd August 10am to 11am
Covering from what to do in an emergency and how to call 999, to CPR and more - £8 per child

CALL WALKER TO BOOK A PLACE 07961 426286
for more information www.icklefordrama.co.uk

ATTENTION ALL WITCHES AND WIZARDS

Magical Summer Stage School

DANCE, DRAMA, MUSIC AND CRAFT
ALL BASED ON THE MAGICAL WORLD OF HARRY POTTER

Monday 1st to Friday 5th August
from 9.30am to 3pm at the Ashwell Village Hall, SG7 5PJ

Early Bird Fee £185 (until 1st July), (£178 from the 2nd July)

All abilities welcome

Great for children aged 4-13.
Separate age groups are 4-8 and 9-13

Contact us by owl or email to hertperformingarts@yahoo.com
(Liz Townsend 07753 754452)
www.facebook.com/hertperformingarts



Getting Creative - A Theatre Workshop for Ages 7 - 11
Thursday 28th July 10am - 11am

Join members of The Living Theatre Company for a creative, fun-filled hour of theatre games and exercises designed to gain confidence, make friends and stretch your performing muscles.

Bring a bottle of water, some clothes you can move in and plenty of energy to put those theatre skills to the test.

The workshop will be run by company members James Sobolew and Emma Fisher, alongside visiting practitioner Mabel El-Dhabbi. All three have experience working with young children. Please do get in touch with any queries.

Hitchin Music Project

Summer Music at Wilshere-Dacre School is a week long course which will run from Monday 8th to Friday 12th of August 2022

The fun will start at 9.30 am each day and finish at 4 pm with a final concert on the Friday starting at 7 pm.

The course is open to instrumentalists and singers of all abilities and all ages.

Course members will play in a variety of ensembles and the music played during the week will be presented at the Friday evening concert for family and friends.

The week will be directed by Chris Pyne and his amazing team of professional musicians and teachers and promises to be a lot of fun as well as achieving a great musical result.

The cost is £225 for single applicants or £240 if there is more than one member from a family.

To book your place simply fill in the form opposite and return with your payment to

Hitchin Music Project, 31 Friarlands Road Hitchin, Herts SG4 5NR

Chris Pyne 01462 442066 chris@hitchinmusicproject.co.uk

Hitchin Partnership CIO, Family Support Service to Hitchin Schools hitchinpartnership.org.uk Registered Charity: 1158637

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Click on the images for more information

EARLY YEARS



W/C 19.7.24	W/C 19.8.22	W/C 8.8.22
Science Ever wonder what happens when you see lightning or how a rocket light bulb work a probe? Come along and experiment!	Arts Find out about different artists from their art to their work. How do they do it?	Page Art and Drawing From their art to their work. How do they do it?
W/C 15.8.22	W/C 29.8.22	W/C 29.8.22
Games Come for all five sports to learn games you could use when you go to school	Sand and water play Who doesn't love a bit of sand and water play. Come along and pretend you are at the beach.	Cooking All about a different club in school. Come and find your inner chef. We have all sorts of recipes to share with you that you can take home and share with your family.

Fee table	
Members (16-18 years)	£10.00
Members (19-24 years)	£15.00
Members (25-34 years)	£20.00
Members (35-44 years)	£25.00
Members (45-54 years)	£30.00
Members (55-64 years)	£35.00
Members (65+ years)	£40.00
Non-Members (16-18 years)	£15.00
Non-Members (19-24 years)	£20.00
Non-Members (25-34 years)	£25.00
Non-Members (35-44 years)	£30.00
Non-Members (45-54 years)	£35.00
Non-Members (55-64 years)	£40.00
Non-Members (65+ years)	£45.00

Who Let The Dads Out?

100% FREE PLAYGROUP

For Dads, Grandads and best figures

Come and join us

Saturday mornings
10am - 11.30am
Sat - 14th May
Sat - 11th June
Sat - 9th July

Who Let The Dads Out?
@St Paul's Letchworth

A place for Dads, Grandads and Best Figures to spend time and have fun with their children up to 6 years old.

Every second Saturday of the month at
TOYS, ACTIVITIES & CRAFT for the children.

St Paul's Church Hall, Pioneer Way, Letchworth, SG6 1DT

YOUNG PEOPLE

Lister Empathy Project

Lister Hospital, Stevenage SG1 4AB

Tuesday 5.30pm - 8.00pm
Friday 6.00pm - 9.00pm

We are actively seeking young people aged 16-18 to volunteer to support young people aged 13-17 with emotional or well-being issues on Tuesday or Friday evenings at Lister Hospital A&E

Access Point Project
Information, advice, guidance and sexual health services including free condoms, chlamydia screening and pregnancy testing

Letchworth Young People's Centre
Town Hall, SG6 3BF
Monday, Wednesday and Friday 1.30 - 5.00pm
For all young people

Scan to view the latest list of projects

0300 123 7538
#MyNorthHerts
@NorthHertsTeam
www.servicesforyoungpeople.org

North Herts Projects for Young People

April - July 2022

Targeted prevention and early intervention to enable young people to succeed

01438 843340
#MyNorthHerts
@NorthHertsTeam
www.servicesforyoungpeople.org

Supporting young people in North Herts

SUMMER TERM 2022

Monday	Wednesday	Friday
Letchworth Monday Night Project The Island Centre, Island Way, Letchworth Garden City, SG1 1EF Monday 6.30pm - 8.00pm For young people aged 13 - 16	Royston Wednesday Project Coombes Community Centre, Burns Road, Royston, SG8 5PT Wednesday 8.00pm - 9.30pm For young people aged 11 - 14	Letchworth Friday Night Project Mrs Howard Memorial Hall, Norton Way South, Letchworth Garden City, SG6 1NX Friday 7pm - 9pm For young people aged 14 - 17
Let's Get By Together LGBT+ Project Get in touch for details: Monday 7.00pm - 9.00pm For LGBT+ young people aged 13 - 17	LD Project Hilton Young People's Centre, Nighthorse Road, Nighthorse, SG6 1SD Wednesday 8.00pm - 9.30pm For young people aged 13 - 17 with learning difficulties	Western Project Woodland Community Centre, John Barker Place, Herts, SG6 2PS Friday 8.30pm - 8.30pm For young people aged 11-14
Baldock Project Knights Templar School, Park St, Baldock, SG7 6DZ Tuesday 5.15pm - 5.15pm For young people aged 12 - 15	Letchworth Street Project Howard Park and Gardens, North Way South, Letchworth Garden City, SG6 1WV Thursday 5.00pm - 5.00pm For young people aged 13 - 17 in Letchworth	Lister Empathy Project Lister Hospital, Stevenage SG1 4AB Tuesday 6.30pm - 8.00pm and Friday 6.00pm - 9.00pm For young people accessing A&E in need of support with emotional well-being aged 13-17
Waltham Project Hilton Young People's Centre, Nighthorse Road, Nighthorse, SG6 1SD Tuesday 6.00pm - 8.00pm For young people aged 11 - 14	Hilstone Street Project Old Hale Way, Hilstone, SG5 1XL Thursday 8.00pm - 8.00pm For young people aged 13 - 17 in North Herts	Access Point Project Information, advice, guidance and sexual health services including free condoms, chlamydia screening and pregnancy testing
North Herts Youth Council Letchworth Town Hall, SG6 3BF Tuesday 8.00pm - 8.00pm A voice for young people aged 13-17 in North Herts		Letchworth Town Hall, SG6 3BF Monday, Wednesday, Friday 1.30pm - 5.00pm

Scan to view the latest list of projects

0300 123 7538
#MyNorthHerts
@NorthHertsTeam
www.servicesforyoungpeople.org

Services for Young People (SYFP)

Family Centre Opening Hours

Shephal Family Centre, 5 The Hyde, Stevenage, SG2 9SD	Oughton Family Centre, Oughton Primary & Nursery School Site, Mattock Road, Hitchin, SG5 2NY
Monday to Friday 8.00am to 9.00pm	Monday to Friday 8.00am to 9.00pm

Other Family Centre Opening Hours

Day	Time	Family Centre and address	Day	Time	Family Centre and address
Monday	8.00am - 9.00pm	Shephal Family Centre, 5 The Hyde, Stevenage, SG2 9SD	Monday	8.00am - 9.00pm	Oughton Family Centre, Oughton Primary & Nursery School Site, Mattock Road, Hitchin, SG5 2NY
Tuesday	8.00am - 9.00pm	Shephal Family Centre, 5 The Hyde, Stevenage, SG2 9SD	Tuesday	8.00am - 9.00pm	Oughton Family Centre, Oughton Primary & Nursery School Site, Mattock Road, Hitchin, SG5 2NY
Wednesday	8.00am - 9.00pm	Shephal Family Centre, 5 The Hyde, Stevenage, SG2 9SD	Wednesday	8.00am - 9.00pm	Oughton Family Centre, Oughton Primary & Nursery School Site, Mattock Road, Hitchin, SG5 2NY
Thursday	8.00am - 9.00pm	Shephal Family Centre, 5 The Hyde, Stevenage, SG2 9SD	Thursday	8.00am - 9.00pm	Oughton Family Centre, Oughton Primary & Nursery School Site, Mattock Road, Hitchin, SG5 2NY
Friday	8.00am - 9.00pm	Shephal Family Centre, 5 The Hyde, Stevenage, SG2 9SD	Friday	8.00am - 9.00pm	Oughton Family Centre, Oughton Primary & Nursery School Site, Mattock Road, Hitchin, SG5 2NY

Contact Number
0300 123 7572

Session Descriptions – North Herts District

Activity Name	Age Range	Location
Arts & Crafts	5-11	Shephal Family Centre
Arts & Crafts	12-18	Oughton Family Centre
Arts & Crafts	19-24	Oughton Family Centre
Arts & Crafts	25-34	Oughton Family Centre
Arts & Crafts	35-44	Oughton Family Centre
Arts & Crafts	45-54	Oughton Family Centre
Arts & Crafts	55-64	Oughton Family Centre
Arts & Crafts	65+	Oughton Family Centre

Yorkies Summer Holiday Club 2022

Monday 21st & Tuesday 22nd July

Monday 28th & Tuesday 29th July

Monday 21st & Tuesday 22nd July

Monday 28th & Tuesday 29th July

Supporting Young People in North Herts

Pathways to Success

Why join Pathways to Success?

Services for Young People can help you to improve your chances of finding a job, training or college course by:

- Connecting you with your very own Personal Adviser who will support you with identifying and achieving your next steps.
- Working with you to identify, develop and promote your personal strengths and skills to future employers.
- Supporting you with a 1 to 15 day work experience placement.
- Helping you write your CV, create a resume for your work experience application and prepare for interviews.
- Coaching you so you can build your confidence and develop the techniques for getting a job or apprenticeship.
- Finding job vacancies and opportunities available to you.

0300 123 7538
#MyNorthHerts
@NorthHertsTeam
www.servicesforyoungpeople.org

Supporting Young People in North Herts

Who are Services for Young People?

Our Hertfordshire County Council's Services for Young People provide free youth work projects, information, advice, careers guidance, work-related training and other support for all young people in Hertfordshire.

Planning for your future

Our Personal Advisers can support you with researching your future career options, identifying your skills and strengths, setting your goals, and even suggesting new qualifications that you might not have previously considered.

0300 123 7538
#MyNorthHerts
@NorthHertsTeam
www.servicesforyoungpeople.org



Free holiday activities

Positive Pathways Summer 2022

For young people aged 11-17 in North Herts

Monday 25th July – Friday 29th July 11am-2pm

Agnes 12-15

Coombes Community Centre, Burns Road, Royston, Herts, SG8 5PT

Monday 1st August – Friday 5th August 4-7pm

Agnes 12-15

Knights Templar School, Park Street, Baldock, Herts SG7 6DZ

Monday 15th August – Friday 19th August 4-7pm

Agnes 14-17

Mrs Howard Memorial Hall, Norton Way South, Letchworth Garden City, Hertfordshire, SG6 1NX

- Fun and Interactive Workshops
- Access to new Opportunities
- Music / Sport / Activities
- Support from qualified and experienced Youth Workers
- Developing confidence, self-esteem and Resilience

Contact the Services for Young People Stevenage Team to book a place

www.servicesforyoungpeople.org
Tel: 01438 843340 Text: 07860 065178
Email: SYFP.northherts@hertfordshire.gov.uk
Follow us on Twitter @NorthHertsTeam

Services for Young People



Activities, Signposting and Resources

Click on the images for more information

SEND INCLUSIVE

Sensory Workshops

Specifically for children aged 3+ with suspected or diagnosed additional needs

Summer Fun
Monday 1st August | 10 - 10.45am
Join us as we explore the sights, sounds and textures of all things to do with Summer!

Movie Stars
Tuesday 2nd August | 10 - 10.45am
Let's pretend we're stars of the screen as we dive into the worlds of our favourite films!

FREE to attend!
Limited spaces
Stratton Upper School
Eagle Farm Road
Biggleswade
SG18 8JB

BOOK TODAY:
info.imaginationarts@yahoo.com
07394 934911

SEND Summer Workshops

Sensory workshops ages 4-11 | Activity workshops ages 7-18
Participants must be able to participate independently without a parent/carer present.

Pixelmore Junior School, Letchworth | 9th, 11th & 12th August
Hampson Park Community Centre, Stevenage | 15th August
Hertford Well-being Hub | 22nd & 23rd August

Just £5 per day
Free spaces for children in receipt of free school meals

FREE FOR CHILDREN 8-13 IN RECEIPT OF FREE SCHOOL MEALS

Coming Soon

HAPPY CAMP ACTIVITIES
Hertfordshire's Holiday Activity Programme
HAPPY AUGUST 2022

STEVENAGE 10am - 2pm
Wednesday 3rd
Wednesday 17th

ST. ALBANS 10am - 2pm
Friday 12th
Friday 17th

Hot Meal Provided!

A SUMMER WITH PHOENIX

FLYERS AND YOUTH (8-17y)

Friday 10th August - Muddy Assault Course, Baldock, CO

Wednesday 10th August - Horse care and riding near Stevenage, (limited) £25

Thursday 18th August - Archery and Abscrite, Kings Langley, £7.50

Friday 19th August - (FRODO) over 11s can attend independently. *with Phoenix staff if known so can. Collections Stevenage, Harpenden and St Albans. £10 deposit pp.

FLYERS ONLY (8-13)

Wednesday 24th August - Baking at the Phoenix Centre, Stevenage £3

Plus Phoenix's Happy Camps will be running weekly for 8-13s throughout August, please see our website for information and to book: <https://www.phoenix.org.uk/what-suggesting-to-do/summer-happy-camps/>

*£88 per 8 and above can attend activities if there are places available, please contact us to enquire. Parents may escort children and young people if they are worried about coming alone.

SUMMER FUN WITH PHOENIX
Early Birds and Family Activities

THURSDAY 4th AUGUST - Games and Art at Watlington Park, Stevenage. FREE

WEDNESDAY 10th AUGUST - Fun at Stevenage Lockwood. £5

THURSDAY 18th AUGUST - Games and Art at Watlington Park, Stevenage. FREE

FRIDAY 19th AUGUST - STEVENAGE Lockwood (from Stevenage, Harpenden and St Albans) on site in Baldock (10.30am - 12.30pm) - This activity is generally booked by children only. £10pp (includes transport)

WEDNESDAY 24th AUGUST - Free of Art at St Albans (Central availability for 10-13s) £5

PARENTS AND CARERS THURSDAY 25th AUGUST - Back for Art & Water Painting with the 10-13s and 14-17s on site in Stevenage. £20 (includes transport)

Book online: <https://www.hitchinpartnership.org.uk/programmes/>

YOUTH AND PHOENIX PLUS ONLY

Thursday 11th August 10.45am - 12.15pm - What's best information about having, more and going to university accommodation or private renting. Stevenage, F&L

Friday 19th August - LETCHWORTH John Phoenix staff for a day of the L110 deposit

Thursday 24th August - Arts Essential at First Aid. South Stevenage. £10

JUST PHOENIX PLUS (17-30)

Thursday 4th August - 5x books of art, food and crafts. St Albans

Thursday 11th August - Cooking class at the Phoenix Centre, Stevenage £3

*to attend LETCHWORTH Phoenix staff of children must be known to us and have the capacity to communicate sensitive behaviours throughout the trip. Phoenix reserves the right to refuse of other who they do not know or cannot be confident of keeping safe.

Our bookings page and full details of our programme can be found at: <https://www.phoenix.org.uk/programmes/>

SEND-Specific Workshops

Monday 8th August | Fairfield Community Hall

Summer Sensory Play | 10 - 10.45am
Join us for a sensory movement workshop that will explore the sights and sounds of all things to do with summer! Suitable for those aged 5+.

Summer Extravaganza | 11.30 - 1pm
An activity workshop full of dance, drama, arts & crafts and games...all to do with summer time! Suitable for those aged 7+.

BOOKING ESSENTIAL:
info.imaginationarts@yahoo.com
07394 934911

FREE TO ATTEND

Summer Workshops

Summer activity workshops for children aged 7+ with suspected or diagnosed additional needs

Join us for dance, drama, arts & crafts, games and FUN at our activity workshops in the Summer Holidays. Limited spaces available! Free to attend

Monday 1st August
Tuesday 2nd August
Wednesday 3rd August
11.15am - 1pm

Stratton Upper School
Eagle Farm Road
Biggleswade
SG18 8JB

info.imaginationarts@yahoo.com | 07394 934911

SEND Families

SEND DROP IN
1st Thursday in every month - 10.00 - 11.30am
Chestnut Tree Family Centre, C/O Garden City Academy, Radburn Way, Letchworth Garden City SG6 2JZ
FREE bookable session

SESSION DETAILS
Are you a Parent of a Child with Special Needs?
If so you will be very welcome to attend our SEND Drop In. You will have an opportunity to discuss any concerns you may have, find out information about local support groups, meet other families. Your child does not need to have had a formal diagnosis
We can provide a friendly ear and a safe space to talk.
Children are welcome to attend with you or you can attend on your own. Children are welcome, no diagnosis needed.

HOW TO BOOK
Log onto our Eventbrite page to book your place. Please remember to bring your own refreshments.

MORE INFORMATION
hertsfamilycentres.org. Call us on: 0300 123 7572

LETCWORTH GARDEN CITY EAGLES

inclusive football

running every wednesday
4pm - 5pm
7 - 15 year olds
parking available on site
@ hertfordshire county ground, letchworth garden city, sg6 2en

for more information and to attend contact jason e: jason.valentine@letchworth.com
t: 07788391609

THE ARENA North Herts' Football Facility

JUNIOR ABILITY COUNTS

OPEN TO ANY CHILD 7-16 YEARS OLD WITH A DISABILITY OR SPECIAL EDUCATION NEED WHO IS ABLE TO WALK

MONDAYS, 5-6PM
4 WEEK COURSE - £12
25TH APR - 23RD MAY 2022 (EXCL. 2ND MAY - BANK HOL)

Book online: www.northhertsarena.co.uk

SUMMER Programme

TEENS FITNESS GROUP Every Monday, 5pm-6.30pm. Weekly keep fit sessions led by our young friends. FREE

TEENS SOCIAL GROUP Social communication group on Thursdays, 6.30pm via Zoom. Join in the fun with daily's welcoming social circle outside. FREE

FAMILY SUPPORT MEETINGS July 9th, August 11th, September 10th 2pm - 4pm. Hitchin Youth Trust, Walsworth Road, SG4 9SP. FREE

WATERWAYS EXPERIENCES CANAL TRIP Sunday July 17th, 11am - 3pm. Nash Mills Recreation Centre, Hemel Hempstead HP9 9TE. FREE

STANDALONE FARM Saturday July 30th, 10.30am - 5pm. Wilbury Road, Letchworth Garden City, SG6 4JN. FREE

WELLBEING AND MENTAL HEALTH SUPPORT

Hitchin Partnership CIO, Family Support Service to Hitchin Schools hitchinpartnership.org.uk Registered Charity: 1158637

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HELP WITH FINANCES



Activities, Signposting and Resources

Click on the images for more information

Support for School Anxiety Free Parent/Carer Workshop

Does your child sometimes feel very anxious about going to school and have periods absent from school because of this? This informal workshop will help you gain an understanding of why this has developed, give you strategies for early intervention, and offer an opportunity to share experiences and ideas.



Online workshop/coffee and chat for parents and carers
Monday 18th July 2022
10am to 11:30am

Booking essential! Please book your place [HERE](#)

Facilitated by the Family Support Workers and [NESSIE](#) – Arts therapy and counselling for children and young people.

A second follow up workshop will be held with [NESSIE](#) and Family Support Workers to build a pack of resources and a plan for you and your child.

Save the date for the follow up workshop:

Wednesday, 24 August 2022 - 10am to 11:30am online

OR

Wednesday, 24 August 2022 - 2pm to 3:30pm at Letchworth Garden City Pod (based at Northfields Infant and Nursery School)

Commissioned by [DSPL](#)

DSPL | Delivering Special Provision Locally
Achieving quality outcomes

NESSIE | Positive Mental Health



SEND info for parents: [North Herts DSPL 1 Weekly](#) - a roundup of training, information, and events in our area ([nhdspl.org.uk](#))

Hitchin community wellbeing days
from the North Herts Healthy Hub
FREE FAMILY WELLBEING ACTIVITIES INCLUDING REFRESHMENTS

Calendar of events:

- 9 May - 10 minute movement and music for under 5's
- 6 June - Heavy Play for under 5's 10am
- 4 June - Mindfulness leader session for adults 12:30pm
- 4 July - Healthy Fun with Food for under 5's 10am and 11:15am
- 4 July - Flower arranging leader session for adults 1:30pm

WHAT IS BeeZee?

BeeZee Life brings BeeZee Buddies' tried and tested programmes squeezed into a one-to-one, 1 hour session with one of our dedicated Wellbeing Co-ordinators.

HOW DOES IT WORK?

- Clients who have been referred, or have completed a self-referral form for BeeZee Life, are contacted by one of our admin staff, to complete their initial assessment.
- Several days later, the client is contacted by one of the Wellbeing Co-ordinator's (W/C) to book them in for their BZ Life session.
- The client then chooses how they'd like to have the session, either on Zoom, WhatsApp video call, FaceTime or a normal phone call.
- One week before the appointment, the designated W/C sends the client an email indicating the date and time originally booked, including a Zoom link if the client requested a Zoom call and a pre-questionnaire about their health and wellbeing.
- The client is finally sent a text message to remind them of their appointment a few hours beforehand.

WHOS IT FOR?

BeeZee Life is for families in Hertfordshire with children aged 5 to 15 years old. To be eligible for our free service your family will need to:

- Live in or go to a school/UP in Hertfordshire
- Have one child or more who is above their ideal weight based on the BMI centile chart (We can help you work this out if you are unsure)

You can come to your appointment by yourself or with your child, which ever you think is best for your family.

SIGN UP FOR YOUR FREE SESSION TODAY!
www.beezeelife.com/signup
01707 248648

WOULD YOU LIKE YOUR FAMILY TO BE HEALTHIER?

GOOD NEWS! FREE HEALTHY LIFESTYLE COURSES ARE STARTING IN HERTFORDSHIRE IN MAY.

JUST CHOOSE YOUR GROUP

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Starts with 2nd May for 10 weeks	Alum Hill BODENHAMWOOD 17:00 - 19:00 Age 5-15	Bishopcleeve High School BISHOP STORTFORD 17:30 - 19:30 Age 5-15	The Hub Community Centre WATFORD 17:30 - 19:30 Age 5-15	The Hub Senior Junior School HENLY, HENLYSTRADE 17:30 - 19:30 Age 5-15
Starts with 1st May for 10 weeks	Redington Community Centre MESSINGHAM 17:00 - 19:00 Age 5-15	Redington Community Centre LETCHWORTH 17:30 - 19:30 Age 5-15	St. Catherine's Church HEDDERSHAM 17:30 - 19:30 Age 5-15	ONLINE 19:15 - 20:15 Age 5-15

AND SIGN UP FOR FREE
Scan the QR Code, or fill in the form at [beezeelife.com/families](https://www.beezeelife.com/families)

01707 248648



FOOD PROVIDERS FOR THOSE IN NEED

Provider	Address	Contact
Alum Hill	Alum Hill, Bodenhamswood	01462 474111
Bishopcleeve	Bishopcleeve High School, Bishopcleeve	01462 474111
Henly	Henly Junior School, Henly	01462 474111
Heddersham	St. Catherine's Church, Heddersham	01462 474111
Letchworth	Redington Community Centre, Letchworth	01462 474111
Messingham	Redington Community Centre, Messingham	01462 474111
Watford	The Hub Community Centre, Watford	01462 474111
Wetherby	The Hub Senior Junior School, Wetherby	01462 474111

North Herts

Abide by the usual advice to wear an extra jumper and turn down your heating a couple of degrees follow these tips to save money on your energy bills.

1. Tumble driers are expensive to run - try to dry clothes naturally in line weather
2. Microwaves are a cheap way to heat food
3. Only boil enough water for what you need
4. Put the lid on saucepans - food cooks faster and more cheaply
5. Showers will cost you much less than baths
6. Central heating - check that it is only on when you need it
7. Keep draughts out - fit draught excluders around doors and windows but do not block ventilation to gas appliances
8. Switch off appliances and lights which are not needed
9. Turn off heating in any rooms you don't use
10. Ask the CANN Energy Champion for advice!

General Money Saving Tips

1. Keep your receipts and keep a spending diary
2. Make and keep to a budget - there are tools online or contact us for help.
3. Check you're getting all the benefits you're entitled to
4. Check you're on the cheapest deals for your insurance, mobile, TV etc.
5. Do a direct debit audit and check you're not paying for things you're not using
6. Sell your unwanted goods for cash. They might be someone else's treasure!
7. Use callback sites if shopping online
8. Mail plan
9. Avoid using ATMs which charge a fee
10. Look into 0% credit transfers for any Credit Card debt. See if you can get a 0% overdraft.

Climate Advice North Herts has offices in Hitchin Letchworth and Royston. You can contact us via our Advice Line (0800 144 88 48), email or website. All our up-to-date contact and drop-in information is on our website ([northherts.org.uk](https://www.northherts.org.uk)) and social media channels. You can also leave us a message on 01462 489801 and we will get back to you ASAP.



We are **HertsHelp** - a network of community organisations in Hertfordshire working together. We're here to listen and help you find independent support, guidance and information you need to get the most out of life. Monday - Friday 8am - 8pm Saturday - Sunday 10am - 6pm.

0300 123 4044 <https://www.hertshelp.net/hertshelp.aspx>

Hitchin Partnership CIO, Family Support Service to Hitchin Schools hitchinpartnership.org.uk Registered Charity: 1158637

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Activities, Signposting and Resources

Click on the images for more information

UKRANIAN SUPPORT



Drop-in organised by the team at Christchurch which takes place **every Tuesday, 10am – 1pm**. Helping Ukrainian families with essentials, books, help with forms, catch up and chat in a comfortable, safe space.

Christchurch
Bedford Road, Hitchin SG5 1HF

[Home - Refugee Employment Network Ukraine Support \(nhcv.org.uk\)](http://Home-RefugeeEmploymentNetworkUkraineSupport(nhcv.org.uk))
[Herts With Ukraine](http://HertsWithUkraine)

РАНОК КАВИ
для
УКРАЇНСЬКИХ БІЖЕНЦІВ
у кав'ярні North Hertfordshire Museum

Фантастична можливість для ВСІХ біженців у цьому районі зв'язатися один з одним і отримати підтримку.

СЕРЕДА, 13 ЛИПНЯ
10am - 12pm

Ви зможете:

- спілкуватися з групами, які зможуть допомогти у всьому, включаючи їжу та житло.
- Отримайте поради та інформацію від представників щодо місцевих уроків англійської мови та інших навчальних курсів
- Отримайте початкові поради щодо кар'єри
- Дізнайтеся про місцеві служби підтримки.
- Дізнайтеся про Hitchin, події та групи в цьому районі.

Ця подія зустріч відбудеться:
North Herts Museum Café,
Brand Street, Hitchin SG5 1JE

COFFEE MORNING
for Ukrainian Refugees
in North Herts Museum's Café

A fantastic opportunity for ALL refugees in the area to connect with one another and be offered support.

WEDNESDAY 13 JULY
10am - 12pm

You will have the opportunity to:

- Speak to groups that will be able to help you with everything from food to housing.
- Be offered advice and information from representatives on local English lessons and other educational courses.
- Gain initial career advice.
- Find out about local support services.
- Learn about Hitchin and any events, groups etc. in the area.

North Herts Museum Café,
Brand Street, Hitchin SG5 1JE

Hitchin Partnership CIO, Family Support Service to Hitchin Schools hitchinpartnership.org.uk Registered Charity: 1158637

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